



MARNAT

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📍 **Obispo Trejo 1340** - 4º Piso, Dpto. E - (X5000IZB) Nueva Córdoba - Córdoba - Argentina
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Almonds



Description:

Almonds are a dry shell fruit from the “Prunus Amygdalus” Almond Tree, devoid of the woody endocarp.

Nutritional Information

Per 100 g.		
Total Calories	(Kcal)	575
Protein		21,2
Total fat		49,4
Saturated Fat	(g)	3,7
Trans Fat	(g)	0
Monounsaturated Fat	(g)	30,9
Polyunsaturated Fat	(g)	12,1
Cholesterol	(g)	0
Carbohydrates	(g)	21,7
Sodium	(g)	1

Reference: “USDA National Database for Standard Reference”, Release 23 (2010)

Structure:

Varieties: Guara variety.

Appearance: Healthy and dry seed.

Flavor and aroma: Typical of the product.

Color: Light Coffee, Honey, Dark Coffee, Coffee (Depending on the product).

Size: 18-20, 20-22, 23-25, 25-27, 27-30, 30-34, 34-40, 40+.



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